





# BLUE RIDGE

PSYCHOLOGICAL CENTER

## Consent to use and disclose your health information

This form is an agreement between you,

\_\_\_\_\_ (Adult Patient/Parent/Legal Guardian Name)

and, Blue Ridge Psychological Center. When we use the word “you,” below, it will mean your child, relative, or other person if you have written his or her name here:

\_\_\_\_\_ (Minor Patient Name)

When we examine, diagnose, treat, or refer you we will be collecting what the law calls Protected Health Information (PHI) about you. We need to use this information to decide on what treatment is best for you and to provide treatment to you. We may also share this information with others who provide treatment to you or need it to arrange payment for your treatment using a third party payer.

By signing this form you are agreeing to let us use your information for the above referenced purposes. The Notice of Privacy Practices explains in more detail your rights and how we can use and share your information. Please read this before you sign this Consent Form.

### **If you do not sign this consent form agreeing to what is in our Notice of Privacy Practices we cannot treat you.**

In the future if we change how we use and share information, the changes will be included in our new Notice of Privacy Practices. If we do change it, you can get a copy by calling us at 571-248-2358, or in person from our privacy officer when you come to the office.

If you are concerned about some of your information, you have the right to ask us not to use or share a portion of your information for treatment, payment, or administrative purposes. You will have to specify specifically in writing to tell us what you do not want disclosed. Although, we want to respect your wishes, we are not required by law to agree to these limitations. However, if we do agree, by signing a copy of your specific limitations, we will comply with your written restrictions.

After you have signed this consent, you have the right to revoke it at anytime (by providing us with a written statement telling us that you no longer consent to our use) and we will comply with your written directions. However, such limitation will be forward looking and will not create any liability for our use of the information prior to the revocation. Additionally, if you revoke our right to use the information for insurance billing purposes you agree that you will pay all charges on your account.

\_\_\_\_\_ Printed Name of Patient/Parent/Legal Guardian

\_\_\_\_\_ Signature of Patient/Parent/Legal Guardian

Date \_\_\_\_\_

I have had access to a copy of BRPC’s Notice of Privacy Practices \_\_\_\_\_ (Please Initial)

Patient Name \_\_\_\_\_

**Informed Consent for Treatment**

I, \_\_\_\_\_ consent to participate in behavioral health services offered at and provided by Blue Ridge Psychological Center, LLC, behavioral health care providers. I understand I am consenting and agreeing only to those services that the provider is qualified to provide within the scope of the provider’s license, certification, and training. If the patient is under the age of eighteen or unable to consent to treatment, I attest that I have legal custody or guardianship of this individual and I am legally authorized to initiate and consent to treatment on behalf of this individual.

**Length and Cost of Services  
(Non-Legal)**

Initial Evaluation and Diagnosis; 45 minutes: \$150.00;  
Subsequent Individual Counseling Sessions; 45 minutes: \$120.00  
Subsequent Marriage and Family Sessions; 45 minutes: \$125.00  
Ancillary Service : \$120.00/hour billed in 15 minute increments of time  
Request a copy of Medical Records: \$25

**Cancellation Policy**

All appointments must be canceled 24 hours prior the scheduled appointment. Failure to do so will result in a missed appointment charge of **\$75.00**. By signing this form, I acknowledge that I have read and fully understand BRPC’s policy for cancelation of appointments.

**Billing and Insurance Policy**

1. I authorize the release of information to my insurance company(s).
2. I understand that I am responsible for the full amount of my bill for services provided including if the insurance company refuses to pay any amount.
3. I authorize direct payment from my insurance provider directly to my service provider and BRPC.
4. I agree a copy of this form is equally valid for all purposes as an original and may be used in place of an original.
5. It is your responsibility to pay any deductible, co-pay, coinsurance, or any other balance not paid by your insurance company
6. Co-pay/Co-insurance/Deductibles are due at the time of service. Failure to pay your co-pay at the time of service may result in additional fees.
7. There will be a \$35.00 service charge on all returned checks.
8. In the event we feel a need to turn your account to a collection agency, attorney or our own collections department you agree that 30% of the outstanding balance shall be added to your bill as a collection fee, and you agree this is a reasonable and necessary cost and will pay it.

I understand and accept all of the above terms regarding billing, payment, insurance, use of private medical information and the BRPC cancellation policies.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature of Patient/Parent/Guardian

\_\_\_\_\_  
Date



**Blue Ridge Psychological Center**  
7520 Gardner Park Drive, Gainesville, VA 20155  
Tel. 571-248-2358 \* Fax. 571-248-2359

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Clients are strongly discouraged from having their therapist subpoenaed. If you are in the midst of court involvement, it is in your best interest to seek services from a therapist who has additional training in court/legal matters (Forensic Psychology). If there is a chance you will need court involvement, please let your therapist know and we are happy to refer to a practice that offers that specialty. Please note, that if you subpoena a therapist, the requesting person will be responsible for all fees incurred. Please also note, that there is NO guarantee that the therapists testimony will be in the clients favor. The therapist will only testify toward the facts that were presented by their patient and will not provide any professional opinion regarding any matters, including, but not limited to custody.

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### Court Action / Legal Fees

- \* Preparation time (including submission of records): \$300/hr
- \* Phone calls: \$300/hr
- \* Depositions: \$300/hour
- \* Time required in giving testimony: \$300/hour
- \* Mileage: \$0.54/mile
- \* Time away from office due to depositions or testimony: \$300/hour
- \* All attorney fees and costs incurred by the therapist as a result of the legal action.
- \* Filing a document with the court: \$150
- \* The minimum charge for a court appearance: \$3,000.00

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PATIENT NAME

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PATIENT / GUARDIAN SIGNATURE

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DATE

## Insurance Information

**This information must be obtained prior to your initial appointment.**

**When you call you insurance company, please specify that you need your OUTPATIENT MENTAL HEALTH BENEFITS.**

Name of Mental Health Insurance Carrier: \_\_\_\_\_

**Please be aware that your medical insurance provider may not be the same insurance company that provides your mental health benefits.**

Insurance Contact Number: (     ) \_\_\_\_\_

### Questions to ask:

Do you have an annual deductible? Y N If yes, amount: \$ \_\_\_\_\_

Have you met your deductible? Y N If no, how much is left? \$ \_\_\_\_\_

Co-pay/Co-Insurance Amount: \$ \_\_\_\_\_ / \_\_\_\_\_ %

Number of visits allowed? \_\_\_\_\_

Is your number of visits limit per calendar year or contract year?

If contract year, when does your contract year start? \_\_\_\_\_

Does your insurance require pre-authorization? Y N

If yes: Authorization Number \_\_\_\_\_

# of Authorized Visits Approved: \_\_\_\_\_

Start Date of Authorization \_\_\_\_\_

Expiration Date of Authorization \_\_\_\_\_

**REMINDER OPTIONS**

\_\_\_\_\_ Please send me a reminder for my upcoming appointment. I understand that electronic communications sometimes have transmission difficulties, therefore, if I do not receive a reminder, I am still expected to attend my appointment. If I do not cancel with 24 hours notice, I will be responsible for any associated fees.

\_\_\_\_\_ Cell Phone: \_\_\_\_\_

\_\_\_\_\_ Please DO NOT send me any reminders

**CREDIT/DEBIT OPTION**

BRPC contracts with the company, "Instamed," which allows us the the ability to keep credit/debit cards on file. All applicable copays and coinsurance will be charged to this card. Any balance that is more than 30 days delinquent will also be charged to this card (unless other financial arrangements have been made). I further understand that if I do not wish to utilize this credit/debit option, I will be expected to pay all balances at the time of my visit (or when a statement is received) by check or cash

\_\_\_\_\_ Please keep my credit/debit information on file

\_\_\_\_\_ DO NOT keep my information stored, I will pay by check or cash at the time of my visit or when statement is received

\_\_\_\_\_  
PATIENT NAME (PRINTED)

\_\_\_\_\_  
SIGNATURE (OF PATIENT OR LEGAL GUARDIAN)

\_\_\_\_\_  
DATE



**Blue Ridge Psychological Center**

Name \_\_\_\_\_

Date \_\_\_\_\_

*In order to get the most of our first session together, I would appreciate knowing more about the concerns that bring you in at this time. Below is a checklist that may help you describe what you're experiencing. Please check any items on the list that you have concerns about.*

- |  |   |
|--|---|
| <input type="checkbox"/> Abuse (physical/emotional/sexual)       | <input type="checkbox"/> Impulsivity                                  |
| <input type="checkbox"/> Adultery                                | <input type="checkbox"/> Irresponsibility                             |
| <input type="checkbox"/> Agression/Violence                      | <input type="checkbox"/> Legal problems                               |
| <input type="checkbox"/> Alcohol/Drug Use                        | <input type="checkbox"/> Low energy                                   |
| <input type="checkbox"/> Anger, hostility, arguing, irritability | <input type="checkbox"/> Low motivation                               |
| <input type="checkbox"/> ADD/ADHD                                | <input type="checkbox"/> Mood swings                                  |
| <input type="checkbox"/> Appetite change (more/less)             | <input type="checkbox"/> ObsessionsParenting                          |
| <input type="checkbox"/> Career or work related concerns         | <input type="checkbox"/> Perfectionism                                |
| <input type="checkbox"/> Childhood issues                        | <input type="checkbox"/> Procrastination                              |
| <input type="checkbox"/> Concentration difficulty                | <input type="checkbox"/> Racing thoughts                              |
| <input type="checkbox"/> Codependence                            | <input type="checkbox"/> Relationship problems                        |
| <input type="checkbox"/> Decision making                         | <input type="checkbox"/> Risk taking                                  |
| <input type="checkbox"/> Defiance of rules/norms                 | <input type="checkbox"/> Self esteem                                  |
| <input type="checkbox"/> Depression, low mood, tearful, sad      | <input type="checkbox"/> School problems                              |
| <input type="checkbox"/> Delusions                               | <input type="checkbox"/> Self control                                 |
| <input type="checkbox"/> Divorce                                 | <input type="checkbox"/> Sleep disturbance                            |
| <input type="checkbox"/> Eating disorders/problems               | <input type="checkbox"/> Social problems                              |
| <input type="checkbox"/> Fears                                   | <input type="checkbox"/> Stress                                       |
| <input type="checkbox"/> Financial problems                      | <input type="checkbox"/> Thoughts about death/dying                   |
| <input type="checkbox"/> Grief                                   | <input type="checkbox"/> Thoughts of hurting yourself or someone else |
| <input type="checkbox"/> Guilt                                   | <input type="checkbox"/> Trembling/Shaking                            |
| <input type="checkbox"/> Hallucinations                          | <input type="checkbox"/> Weight/dieting issues                        |
| <input type="checkbox"/> Health problems                         | <input type="checkbox"/> Withdrawal/Isolation                         |
| <input type="checkbox"/> Heart racing                            | <input type="checkbox"/> Worthlessness                                |
| <input type="checkbox"/> Hopelessness                            |   |